



## MEN'S SIZING

|               | SM           | MD           | LG           | XL           | 2X           | 3X           |
|---------------|--------------|--------------|--------------|--------------|--------------|--------------|
| <b>SLEEVE</b> | <b>33-34</b> | <b>34-35</b> | <b>35-36</b> | <b>36-37</b> | <b>37-38</b> | <b>38-39</b> |
| <b>CHEST</b>  | <b>36-38</b> | <b>39-41</b> | <b>42-44</b> | <b>46-48</b> | <b>50-52</b> | <b>54-56</b> |
| <b>WAIST</b>  | <b>30-32</b> | <b>33-35</b> | <b>36-38</b> | <b>40-42</b> | <b>44-46</b> | <b>48-50</b> |
| <b>HIP</b>    | <b>36-38</b> | <b>39-41</b> | <b>42-44</b> | <b>46-48</b> | <b>50-52</b> | <b>54-56</b> |
| <b>INSEAM</b> | <b>30-32</b> | <b>32-34</b> | <b>32-34</b> | <b>33-35</b> | <b>33-35</b> | <b>33-35</b> |

\*If you fall in between sizes, select the larger size

All sizes are in inches

### HOW TO MEASURE

**SLEEVE:** With elbow bent at 90 degree angle, measure from center back neck over shoulder, around elbow to mid point at back of hand

**CHEST:** With arms in a relaxed position at sides, measure circumference around the fullest part of chest

**WAIST:** Measure circumference around the narrowest point of waist

**HIP:** Measure circumference around the fullest point of hip / seat

**INSEAM:** Measure from base of crotch to ankle bone

